Fundamental Exercises
Based on exercises by Vincent Chicowicz, James Stamp, and William Campbell presented at ITG 2016 in Anaheim, California

On mouthpiece with piano

Brief rest after every set throughout

Slow and steady gliss. No articulation

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Routine A (skip to page 7 for Routine B). Play on C or Bb trumpet

Continue as high as desired
Perform the next section in a similar flow study manner. Slur everything while focusing on a full sound, moving the air forward, and striving for a consistent sound from note to note.
Fundamental Exercises

Smooth articulation on repeated notes
Fundamental Exercises

Consistent sound and articulation on each note
Continue with appropriate flow studies from the course pack, etudes, technical exercises, multiple tonguing exercises, transposition, solos, and excerpts.