



itg journal, jr.

“a trumpet newsletter for the young and the young at heart”

Vol. 1, No. 1

Kristin Mortenson, Editor

January 2003

From the Editor

Welcome to the *itg journal, jr.* This issue marks the beginning of a new publication from the International Trumpet Guild. *journal, jr.* will present articles geared toward trumpet students—from elementary through senior high school students, to adult “comeback” players. This publication will be distributed with the January and June issues of the *ITG Journal*. We will feature topics such as pedagogical issues, repertoire ideas, technical concerns, and games, as well as interesting stories contributed from readers themselves. We would especially like to hear from adults who have returned to trumpet playing after a lengthy absence. The stories of your successes, and how you were able to achieve your musical goals, would be of great interest for a future “Comeback Kid” section. **Please feel free to copy this newsletter and distribute to your students!** We hope they will find something of use here, and might consider joining us as ITG members in the future.

ITG members are encouraged to submit articles appropriate to this audience, to be printed in the *journal, jr.* If you have ideas to contribute, please forward them to me at junior@trumpetguild.org



Thirty-Minute Practice Routine

By Scott Freeby, Eisenhower and Anthony Middle Schools, Manhattan, Kansas

All music teachers encourage their students to practice regularly in order to improve on their instruments. Often, though, younger students have no idea what to do in a practice session. The following outline will help younger students practice in a directed, efficient manner.

1. Warm Up:

- Long tones
- Mouthpiece buzzing: create siren effects; strive for consistent pitch
- Articulation workouts: 1) On one note of your choice, perform whole notes, quarters, eighths, triplet eighths, and sixteenth note patterns that total 4 beats per measure. 2) Practice slurring patterns that create seamless, beautiful sounds. Play lip slurs down first, then up, using all seven valve combinations (0, 1, 2, 1&2, 2&3, 1&3, and 1,2,&3)

2. Work Out (should include the following):

- Scales: Practice Major and Relative minor scales, and chromatic scales to the limits of your range. Then add blues and pentatonic scales. Change the rhythms or tempos you use to play these exercises, in order to make them more fun!
- Repertoire: Practice your school band music, with extra attention to difficult sections.
- Etude books: These are books that give you “songs” that help you work on specific performance problems. They are available through music stores; ask your director to recommend examples. (Editor’s Note: see “Building a Music Library” in this issue of the *journal, jr.*)
- Solos: practice a solo piece that will show off your individual talents as a performer.
- Listen and perform with a tape/CD: Listen to a piece you like and try to play along with the recording, once you’ve worked out the melodic and rhythmic phrases.

3. Sight Reading:

- Try looking at your music in a different way. You can try to change the key of the piece, you can work on playing it backwards, or you can even turn the music upside down. The idea is to make your brain work!
- Playing duets: read them as-is, from top to bottom. Then, switch parts and read again. (Editor’s Note: It is very helpful and fun sometimes to practice with a friend. You can read duets together, switching parts on

Continues on next page

repeats. This kind of practice also can help solidify rhythm issues, as the most important, and sometimes most difficult, aspect of ensemble playing is simply staying together. You don't even have to play the same instrument as your friend; our daughter, who plays trumpet, practices with her best friend, who plays clarinet. Just be sure you both play B-flat instruments!)

4. **Cool Down:**

- Long tones, again.
- Improvisational, lyrical playing. Try making up a simple melody, paying attention to a good tone. Do not try to play fast at this point in the practice session.
- Pedal tones: 1) with both lips creating your normal embouchure, play sounds that are below the lowest "real" note on the trumpet. 2) with one lip (usually the upper), try to play sounds even lower than the two-lip exercise.

5. **How it All Fits Together in the Thirty Minute Practice Routine:**

Warm-Up	5 minutes
Work Out	15 minutes
BREAK	4 minutes (relax, don't play, but don't eat cookies or anything else that will cause tooth crud!)
Sight Reading	4 minutes
Cool Down	2 minutes

Using this sheet as a guide, you should be able to make excellent progress on your trumpet with a 30 minute practice session each day. Happy practicing!



New Year's Resolution: Goal Setting

By Vera Hørven, Oslo, Norway

Who are your favorite trumpet players? Why does their music make you feel good? Do you get a rush from their endurance, high notes, or tongue technique? Does their musical phrasing take your breath away? Are their sound and trills to "kill" for? Do you want to play just like them? Good! Then it's time for Goal Setting! Why? Because without a Goal, you will most likely go nowhere!

Moving from Goal Setting to Goal Achievement demands faithful practicing. Learning new skills is fun and rewarding, and experience of mastery will reinforce your effective practice. Success depends on three things: your ability to hear and judge what comes out of the horn, your tools and methods for correcting what you don't like, and how intensely you want to play beautifully.

There are two kinds of Goals: Long Term Goals and Short Term Goals. Achieving a short term goal is like climbing one small step up the ladder towards your long term goal. Your long term goal can be to become the best trumpet player in the world! A short term goal may simply be to improve your sixteenth-note tonguing from mm. 108 to 118. There was once a young boy who had chronic bronchitis. He was always coughing badly and breathing like a steam locomotive. His doctor's long term goal was to give him stronger and healthier lungs, so he told him to start playing the trumpet. Today the boy is principal trumpet player in a large, famous symphony orchestra!

How do you listen to what comes out of the horn? Are you able to perceive your own music while you focus on how to play? You may be surprised if you make a recording and listen afterwards. One way to measure improvement is to make recordings of different stages when learning a new exercise or piece. The feedback from a thankful audience is also thrilling. Remember that as a musician you are a "giver," your ultimate goal is to express and release feelings. You are there to enrich people's lives. And you are not allowed to use words!

Is a better tone on your wish list? Have you ever tried the BERP to cure a "fuzzy" sound? It is a great fix-it for focusing the air stream, and can improve your register and endurance too! Your lips will vibrate better, and your sound will become clear. Why don't you see if the BERP also improves your tonguing? Perhaps you can better your goal of single tonguing at mm. 118! If you don't have a BERP, simple mouthpiece buzzing or playing the trumpet without the tuning slide can work as well.

What do you do when you get tired of playing the trumpet? You need some inspiration, my friend! Ask your teacher to lend you a favorite CD. When your teacher sees that you will give it back, he might keep lending you more. Hearing beautiful and impressive trumpet playing will ignite your spark again!

Setting goals, and picturing/imagining yourself in the position of having achieved them, can help you to attain them. Believe in yourself! Achievements in trumpet playing are the fruits of sincere devotion and commitment to mastery of the art form. Decide what is important to you as a musician, and what aspects of your playing that you want to improve, then ask your teacher how to approach problems. Mastery of your short term goals will, eventually, help you make strides toward your long term goals.



Building a Music Library: Getting Started

By Gary Mortenson, Kansas State University

Nothing is more exciting than getting your first trumpet. I remember my first instrument like it was yesterday. It was so shiny and beautiful! It felt so great to hold it and see my reflection in the bell. Unfortunately, once you get over that need to open the case and just look at the instrument, you start to realize that you need something to work on; you need more than just the physical beauty of the instrument. You have to have something to play!

Here are some etude books, solos, and collections that will help you take the first steps toward building your music library. These are methods and solos that you will enjoy in junior high, return to in high school, and indeed, there are some you will never want to be without. Build the foundations of your playing with this music, and your walls will be built to last!

Composer/Arranger	Title	Publisher
-------------------	-------	-----------

Methods:

Arban	<i>Complete Conservatory Method</i>	Fischer
Bach/King	<i>Six Short Solo Suites</i>	King
Clarke	<i>Technical Studies</i>	Fischer
Concone/Reinhardt	<i>Selected Concone Studies</i>	Presser
Gates	<i>Odd Meter Etudes</i>	Fox
Getchell	<i>Practical Studies Books 1 and 2</i>	Belwin
Hering	<i>40 Progressive Studies</i>	Fischer
Lillya	<i>Trumpet Technic</i>	Balquhider Music
Schlossberg	<i>Daily Drills and Technical Studies</i>	Baron
Voxman	<i>Selected Studies</i>	Rubank

Solos:

Balay	<i>Petite Piece Concertante</i>	Southern
Balay	<i>Andante and Allegretto</i>	Southern
Bozza	<i>Lied</i>	Leduc
Clarke	<i>Victory</i>	Fischer
Fitzgerald	<i>English Suite and Gaelic Suite</i>	Presser
Goedicke	<i>Concert Etude</i>	Brass Press
Handel/Fitzgerald	<i>Aria con Variazioni</i>	Belwin
Handel/Fitzgerald	<i>Oh Had I Jubal's Lyre</i>	Presser
Kreisler/Leidzen	<i>Rondino On a Theme of Beethoven</i>	Fischer

Collections:

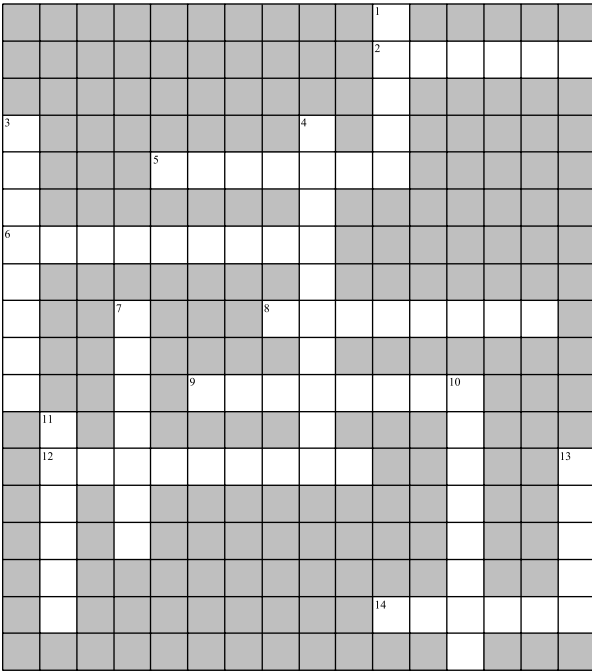
Comp. various	🎵 <i>Concert Studies</i> (unaccompanied)	Curnow
Arr. Curnow	🎵 <i>Great Hymns</i>	Curnow
Comp. Vandercook	<i>Trumpet Stars, Vol. 1 & 2</i>	Rubank
Ed. Bovinette	<i>Arban's The Art of Phrasing</i>	Balquhider
Ed./Arr./Comp. Various	<i>Festival Performance Solos, Vol. 1 & 2</i>	Fischer
Arr. Wiggins	🎵 <i>The Wonderful World of Purcell</i>	Mel Bay

🎵 CDs of Philip Smith, principal trumpet-New York Philharmonic, included!

🎵 Books are also available for the music of Bach, Handel, Haydn, and Mozart

These books will help you develop consistency, style, range, technique, and above all, musicality! Building a library of music is an excellent way to make the commitment necessary to become a fine musician. Enjoy!





GREAT TRUMPETERS OF THE TWENTIETH CENTURY

Across

2. Composer of *La Virgen de la Macarena*
5. This trumpeter was Chicago Symphony's principal trumpet for over 50 years
6. Trumpeter known as "Dizzy"
8. Montana-born, Eastman educated crossover artist
9. Grammy-award winning classical and jazz trumpeter from New Orleans
12. Trumpeter called "Satchmo"
14. Composer of *From the Shores of the Mighty Pacific*

Down

1. This Salvation Army player is principal trumpet of the New York Philharmonic
3. Stan Kenton's lead trumpet, famous for his phenomenal upper register
4. Leader of Johnny Carson's Tonight Show Band
7. Founder and President of Summit Brass, and former ITG President
10. Grammy-award-winning Cuban-born trumpeter
11. Served as music director for Carnegie Hall Centennial Jazz Band
13. French trumpeter extraordinaire!

WANT MORE TRUMPET?

Consider becoming a member of the International Trumpet Guild! Membership applications are available in the *ITG Journal* or online at www.trumpetguild.org/join/join.htm Student/Senior memberships are only \$25/year!

ITG Has A Youth Competition Just for You!

Students are invited to participate in ITG Youth Competitions
2003 ITG Conference May 21 – 24 at Texas Christian University in Fort Worth, Texas

There will be two Youth categories:

Under 14 years old on February 15, 2003.

At least 14 years old but less than 18 years old on February 15, 2003.

For repertoire lists, rules, and deadlines, see page 94 of the October, 2002, *ITG Journal*
Or visit the following web site: <http://www.trumpetguild.org/pdf/ITGCompetitions.pdf>
(See page four of the PDF file)

itg journal, jr. staff:

Kristin Mortenson, Editor	junior@trumpetguild.org
Gary Mortenson, Advisor	editor@trumpetguild.org
Joseph Walters, Layout	ads@trumpetguild.org

For more information pertaining to Youth Trumpet issues, please visit the ITG Youth Website at:
www.trumpetguild.org/itgyouth

Crossword Answer Key: 1: Philip Smith, 2: Rafael Mendez, 3: Maynard Ferguson, 4: Carl "Doc" Severinsen, 5: Adolph Herseth, 6: "Dizzy" Gillespie, 7: David Hickman, 8: Allen Vizutti, 9: Wynnton Marsalis, 10: Arturo Sandoval, 11: Jon Faddis, 12: Louis Armstrong, 13: Maurice Andre, 14: Herbert L. Clarke